

Adult Services



Philosophy

The adult services at Poplar Springs Hospital are specially designed levels of care that are intended to meet the unique needs of adults who are experiencing psychiatric and substance abuse problems that impair their daily functioning. We offer a confidential, caring environment that promotes crisis resolution, positive self-awareness, social skills and personal growth.

Unique Aspects of the Program

Acute Inpatient Program – treats males and females 18 and older, in an intensive therapeutic structure, providing stabilization for patients.

Intensive Treatment Program – is designed to treat patients who are demonstrating severe psychosis and aggressive behaviors.

Progressive Program – is designed to treat patients who are experiencing behavioral health and substance abuse symptoms.

Treatment Services Include:

- Psychiatric, substance abuse/dual diagnosis
- Safety planning sessions
- Case management
- Group therapy
- Activity therapy
- Life skills
- Nursing education groups to deal with anger, loss, grief, self-concept and self-control
- Medication management and education

Daily Interaction with Multidisciplinary Team, Which Includes:

- Board-certified psychiatrists
- Nursing services
- Social services
- Expressive and recreational therapy, including yoga and music therapies
- Discharge planning with family or caregiver involvement begins upon admission

At Poplar Springs Hospital no emergency room visit, or referral, is needed.

PoplarSprings.com

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